

SHAKES⁽¹⁰⁾

- 24G PROTEIN
- 21 VITAMINS
- UNDER 250 CALORIES
- 9G SUGAR
- 15 NET CARBS

fruit fangs

APPLE PIE
BAHAMA BREEZE
BANANA FOSTERS
BANANA SPLIT
BLUEBERRY MUFFIN
CAPTAIN CRUNCH
FRUITY PEBBLES
KEY LIME
LEMON COOKIE
PINA COLADA
STRAWBERRY BANANA
S.O.B.
WILD BERRY

coffee flavor

CAFE LATTE
CARAMEL MACCHIATO
CAFE MOCHA FRAP
JAMOCHA MACCHIATO
MOCHACHINO

Westies

wow shakes

BROWNIE EXPLOSION
CHESAPEAKE COOKIE
FRENCH TOAST
S'MORES
STRAWBERRY OREO CHEESECAKE

peanut butter

BUTTERFINGER
COOKIE DOUGH
DOUBLE COOKIE
PAYDAY
PB&J
PEANUT OATMEAL COOKIE
PUPPY CHOW
ROASTED PEANUT LATTE
SASQUATCH
SNICKERDOODLE
WHITE CHOCOLATE REESEZ
PEANUT BUTTER CUP
PEANUT BUTTER WAFFLE

vanilla

WEDDING CAKE
CHEESECAKE
CINNAMON ROLL
CINNAMON TOAST CHEESECAKE
COOKIES AND CREAM
CREAMSICLE
MAPLE LONG JOHN
BANANA NUT BREAD
SALTED CARAMEL
DULCE DE LECHE
FROSTED ANIMAL COOKIE
MINT CHOCOLATE
MINT OREO
OATMEAL COOKIE

chocolate

DOUBLE CHOCOLATE
NO BAKE COOKIE
TURTLE CHEESECAKE
SNICKERS
MUDSLIDE
CHUNKY MONKEY
RED BRICK
THIN MINT
X'S&O'S

TEAS & COFFEE

Westies

bottoms up 5/10

*ENERGY

*BOOSTS METABOLISM *BURNS
CALORIES *CLEAN ENERGY

Green Tea: boosts metabolism,
burns calories, clean energy

Aloe: healthy digestion & nutrient
absorption

ACAI BERRY

BLUE BLAST

BLUE RASPBERRY

CHERRY LIMEADE

FRUIT PUNCH

GRAPE

GREEN APPLE

LEMONADE

MARGARITA

ORANGE

PINEAPPLE

SKITTLEZ

STRAWBERRY

WATERMELON

boosted teas 7/12

*MORE ENERGY

Bottoms Up + B-12: extra
vitamins & energy

SHADY BEACH- Lime Fruit Punch

**GREAT WHITE- Cherry Limeade,
Orange**

GUPPY- Skittlez, Orange

LAZY RIVER- Pomegranate, Acai

PLANKTON- Tropical Strawberry

WATER FALL- Pom, Blue Raspberry

WAVE RUNNER- Pom, Pineapple

protein coffee 6/12

*ENERGY * PROTEIN

All flavors available hot

BLUEBERRY, CARAMEL, HAZELNUT,

HOUSE, MOCHA, PUMPKIN SPICE,

VANILLA, SALTED CARAMEL MOCHA, THIN

MINT

full teas 8/13

*MOST ENERGY

Boosted Tea + Raw Guarana
for mental alertness

**MAMA HUTCH- Pom, Strawberry,
Orange**

WESTIES- Strawberry Limeade

**LONG ISLAND SOUND- Lime
Margarita**

LAKE STREET- Pom, Watermelon

SAW MILL- Orange Pineapple

THE DOCK- Tropical Acai

**SAVIN ROCK- Lime, Orange,
Skittlez**

specialty teas 10/15

*PROTEIN OR
COLLAGEN

**MERMAIDS TAIL- Tropical
Skittlez, Strawberry**

Lemonade

STARDUST- Pink Starburst

**DRAGONFLY- Peach, Mango,
Lemon**